

# CLUB RULES

## MEMBERSHIPS

- Acceptance of an applicant for membership is solely at the discretion of the club manager and reasons need not be given for refusal
- Hard copies of the terms and conditions and health pledge are available at reception to read before joining. During the process of joining the club, these are accepted and sent to the email provided.
- A member must swipe their card for verification, to gain admittance into the club at leisure reception.
- A membership is transferable with a £25.00 administration fee
- If a membership card is lost a replacement card will cost £10.00
- Any guest introduced to the Club must pay a guest fee and is the responsibility of the member who introduced them.
- The minimum term applies, depending on which contract length you choose, after which it is the responsibility of the member to cancel in writing giving 30 days notice in writing either via email or by filling in a cancellation form at reception.

For members who pay monthly by direct debit, an acknowledgment notification is sent to confirm cancellation and advising last month of payment

Wrightington Health Club reserves the right to terminate membership without notice on breach of the club rules or terms.

## MEMBERS CONDUCT

- There is to be no misuse of the facility, services or equipment
- No member shall knowingly cause a safety hazard to themselves or others
- A sensible and safe exercise routine must be undertaken
- Members must not take part in physical exercise if they knowingly are medically unfit
- A member must assist with the prevention of theft and accidents by reporting it to a member of staff immediately
- Members must always use the lockers provided in the changing rooms and not leave bags unattended. Clothes must not be left overnight in the lockers and bags must not be taken in the gymnasium
- Bad language is not allowed to be used in any part of the health club.
- Smoking and vaping is strictly forbidden in any part of the building
- We ask politely that no children are to use the changing rooms of the opposite sex, once they have reached the age of 8 years old
- Training shoes must be worn at all times when using the gymnasium.
- A member who wishes to cancel a facility they have booked must do so 4 hours in advance. Bookings must only be made within the time that their membership allows
- Members must claim lost property within 14 days of losing it or such items will be given to charity. Any lost property found must be handed into leisure reception
- Members must vacate all facilities 15 minutes prior to closing, to allow time for showering and changing
- Any violent, physical or threatening behaviour will not be tolerated within the health club and will result in your membership being revoked.
- Appropriate fitness wear to be worn. Training shoes must be worn at all times when visiting the gymnasium.

## SAFETY AND HYGIENE

- In the interest of safety & hygiene, no crockery or glasses are allowed in the changing rooms, gymnasium, studios and the pool or surrounding areas
- No children under the age of 16 must enter the gym unless for GYMKIDS (Specified times are applicable)
- No children under the age of 16 must be left unsupervised onsite. A parent/guardian must be on the premises at all times
- Strictly no pets are allowed
- With the exception of fire, the emergency exits are not to be used for exiting the club
- Cars must be parked in the designated parking areas only and must not block service roads or emergency exits. Cars must not be left overnight without prior permission.
- In the interest of safety and hygiene, we ask all equipment and weights to be cleaned before and after use
- In the interest of safety and hygiene, we ask all equipment and weights to be replaced after use.

## SWIMMING POOL

- No running jumping or diving is permitted around the pool
- Members must always use the poolside shower before entering the swimming pool, hot tub and steam room. Members are asked to wear conventional swimwear
- Children under the age of 15 years old are not allowed to be without adult supervision in the pool or on poolside
- Parents must not leave their child/children unsupervised in the pool or on poolside whilst they use the hot tub/steam room
- No mobile phones or audio visual equipment of any kind are allowed at poolside or in any changing facilities.
- Please remove jewellery before entry to the hot tub or pool as chlorine can damage, discolour metals, and erode the finish and polish of gemstones.

## SWIMMING POOL CHILDREN ADMISSIONS POLICY

Children under 4 must be with an adult 1:1 ratio (1 Adult, 1 Child)

Children 4 - 14 years are allowed on a ratio of 2:1 (1 Adult, 2 Children)

Children 15 years – Adult supervision required

## SAUNA, STEAM ROOM & HOT TUB

- Children under the age of 15 are not permitted to use these facilities for health reasons.
- Shaving is strictly forbidden in these facilities
- No food or drink is to be consumed in these areas
- These facilities should not be used by sufferers of high blood pressure or any cardiac irregularity

## SQUASH COURTS

- Non marking soles must be worn when occupying the squash courts
- Members must not use the squash courts without prior booking
- We insist that strict time keeping must be adhered to at all times. This is for the benefit of all members and to avoid disappointment