



**SPA**

AT



THE WRIGHTINGTON

HOTEL & HEALTH CLUB



## A Haven Of Serenity....

The Wrightington Hotel, Health Club & Spa is the area's leading 4 star luxury hotel, set in beautiful Lancashire countryside. The Spa at Wrightington is located within our state of the art health club.

Our spa facilities include four beautiful treatment rooms, two deluxe double rooms, a new dedicated spa guest changing area and a luxurious relaxation room, offering herbal teas and infused water. Guests can also enjoy the use of a heated pool, eucalyptus steam room, hot tub and sauna. For the more energetic, we have a fully equipped gym over two floors.

Our expert team is on hand to ensure your time with us is truly relaxing and rejuvenating.

## Our Products

Our exclusive Caudalie treatments are designed to indulge skin whilst providing visible results thanks to products renowned worldwide for their exceptional anti-oxidant properties derived from grapevine polyphenols. Indulge your self with a choice of our unique face and body spa treatments, complimented by bespoke advice from one of our therapist, who can help you select the treatment best suited to your needs.

CAUDALIE  
PARIS

Let the sea empower your beauty. The sea has always been a source of vital energy and can regenerate you both physically and mentally. THALGO has taken inspiration from this for more than 50 years combining efficacy and well-being. Infusing this marine energy through products and treatment protocols that revitalise body and mind for luminous and radiant beauty.

THALGO  
SPA



# Face Treatments

**THALGO**

**30 mins   £47**

## Discovery Facial

The perfect express facial if you're on the go, tailored to your skin type. Featuring Thalgo's signature Discovery of the Sea welcome massage, unique brush cleanse and exfoliation, skin-specific mask and moisturiser, you will feel refreshed and relaxed with beautifully glowing skin.

**THALGO**

**60 mins   £75**

## Men's Marine Treatment

The facial begins with Discovery of the Sea welcome massage, followed by a deep cleanse and exfoliation on the face and neck, with an application of Algue Bleue Vitale extract to revitalise and energise the skin. This personalised signature facial for stressed male skin combines energising marine active ingredients with soothing massage movements. A shoulder, neck and scalp massage relieve any remaining tension, while a skin-specific mask and moisturiser correct skin concerns, leaving the skin restored and energised.

**THALGO**

**60 mins   £88**

## Hyalu- Procollagen Wrinkle Correcting Facial

Combines three hyaluronic acids, marine pro-collagen and 3 unique roller booster tools. Cleansing and energising acupressure, the concentrated active ingredients of the wrinkle correcting serum is applied using gentle Dermastim+ stretching movements. The marine mask is then applied and wrinkles are worked on in succession using the unique roller booster tools to amplify the smoothing, filling and plumping effect. Skin feels plumped and even established wrinkles see visible results.

A Marine Shot, peach flavoured Collagen 10000, is offered to enhance the anti-ageing effect.

**THALGO**

**75 mins   £98**

## Silicium Marin Super Lift Treatment

A wrinkle-lifting face, neck and decollete treatment with double masks. An infused sheet mask is activated on application and followed by a cryo-firming mask with dermal stimulation massage techniques, including Dermastim+ massage.



### Caudalie Premier Cru

60 mins £90

This exceptional anti-aging facial will lift, moisturise, smooth, plump & even the skin with cutting edge techniques and products from the Premier Cru range. This advanced facial includes a firm massage that is stimulating for the natural production of collagen & elastin. The results are spectacular, wrinkles and lines are visibly reduced and the skin is smoother & firmer.



### Caudalie Vinoperfect

60 mins £78

A unique facial treatment specifically designed to correct the complexion, restoring radiance & vitality to the skin. Exceptional massage techniques with essential oils and small hot & cold basalt stones awaken the luminosity of the complexion. A radiance peeling mask is applied for a gentle peeling action to restore your complexion's even tone. The Vinoperfect serum adds the finishing touch to the treatment.

### Caudalie Vinopure

60 mins £78

A detoxifying and balancing facial for blemish-prone skin. Skin is deeply cleansed and cooled with Caudalie massaging tools. The skin is transformed with Caudalie's Purifying Concentrate to help clear the complexion and regulate excess sebum. The Purifying Mask leaves skin shine-free and matt with noticeably finer, tighter-looking pores. Your skin's freshness, luminosity, comfort and evenness are restored.

**Caudalie**

**60 mins   £78**

### **Vinosource Hydra**

Dive into an intense hydration bath with our Vinosource Hydrating facial, this facial treatment repairs, soothes, and deeply nourishes the most dehydrated skin. Thanks to a delicate face massage with essential oils, the skin regains absolute comfort, it is soft, soothed, and plumped.

**Caudalie**

**60 mins   £85**

### **Resveratrol Lifting**

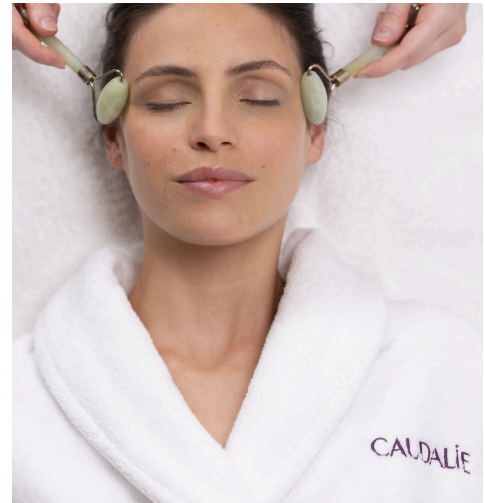
For skin that lacks firmness, contour & vitality. The skin is cleansed and a stimulating massage visibly firms & redefines the contours of your face. A warming mask enhances the lifting effect of Caudalie's Resveratrol Lift products & tools. The toning and lifting effects are immediate, your face appears re-sculpted and radiant with youth.

**Anti-Aging**

**30 mins   £40**

### **Eye Treatment**

This treatment is perfect for really brightening the delicate area around the eyes. A delicate massage using cold stones is followed by the application of a hydrogel patch concentrated in red wine, horse chestnut & ivy leaf that smooth features, diminishes dark circles & reduces puffiness.



**Caudalie**

**30 mins   £47**

### **Express Divine**

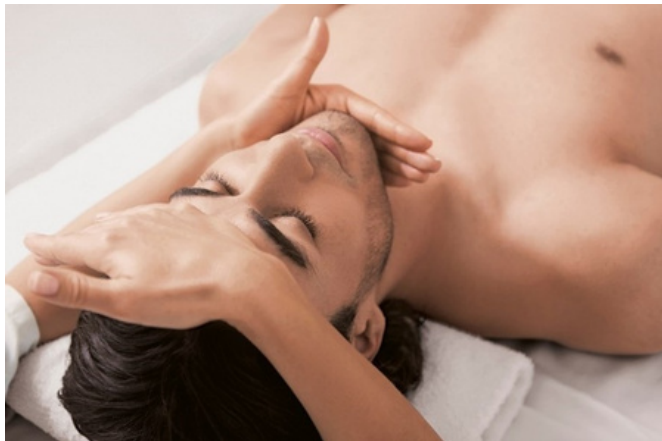
Specially designed for men & women who are time short, yet still want results. This treatment is tailor made to meet the needs of every skin type. The facial includes; eye & skin cleansing, deep exfoliation, a customised mask and a hand massage. Completed with serums and moisturisers, your skin's freshness, comfort & evenness are restored.



# Body Treatments

|                     |         |     |
|---------------------|---------|-----|
| Thalgo              | 30 mins | £52 |
| Muscle Melt Massage | 60 mins | £85 |

If you're suffering from tension and aches, a muscle melt is just what you need. The pressure is deeper and concentrated on the problematic area, helping to alleviate any pains for the long term!



Subject to availability

|                   |         |     |
|-------------------|---------|-----|
| Thalgo            | 60 mins | £80 |
| Full Body Massage |         |     |

This treatment incorporates the signature marine massage oil. Indulge in the marine, sun-kissed fragrance whilst compression techniques gently soothe tension and re-boost your energy. Your therapist will completely adapt your massage to suit your needs. The pressure and time spent on each area is bespoke for you to ensure you leave feeling completely indulged.

|                      |         |     |
|----------------------|---------|-----|
| Thalgo               | 30 mins | £47 |
| Express Back Massage |         |     |

This treatment incorporates Thalgo's signature marine massage oil. Indulge in the marine, sun-kissed fragrance while compression techniques gently soothe tension & re-boost your energy. Your skin will be luxuriously softened, moisturised & wrapped in delicate fragrance.



## Pre Natal Massage

60 mins £80

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy which is designed to suit your individual concerns. Relaxing, restoring & revitalising.

## Cranial Massage

30 mins £47

Hand placement on the skull is designed to free energy blockages & promote relaxation. This massage stimulates reactions in the whole body, helping to rebalance the energies of the nervous system. A relaxing neck and shoulder massage is also incorporated.



Why not enhance your massage with an additional cranial massage? Take a look at our 'Add On's' page for the full range of treatments.

**THALGO** 60 mins £85  
30 mins £53  
**French Riviera Massage**

A deeply revitalising body massage using the luxurious Marine Massage Oil and Thalgo's Exclusive Self Heating pebble. Experience total relaxation as your body is invigorated and your mind achieves a profound sense of calm, taking you on a journey to the creeks of the French Riviera.

**THALGO** 90 mins £125  
**French Riviera Ritual Scrub**

This indulgent ritual begins with a rejuvenating body scrub to leave your skin feeling soft, smooth and radiant. Followed by the signature Marine Spa Massage using the Marine Massage Oil and Thalgo's Exclusive Self Heating pebble for total relaxation and revitalisation of the body and mind.



**THALGO** 30 mins £50  
**Iles Pacific Island Body Scrub**

A bi-phase scrub with pure white sand from Bora Bora, sea salt, coconut shells and plant oils to nourish and exfoliate skin.

**THALGO** 60 mins £80  
**Deeply Nourishing Body Treatment**

The ultimate lipid-rich nourishing body treatment, designed to restore comfort to dry and very dry skin, this ritual begins with a deeply moisturising body wrap to soothe the skin and restore a feeling of comfort. During the wrap, a scalp massage eases tension, before a massage of the entire body, including the hands and feet, deeply relaxes.

# Add On's

## Cranial Massage

15 mins   £15

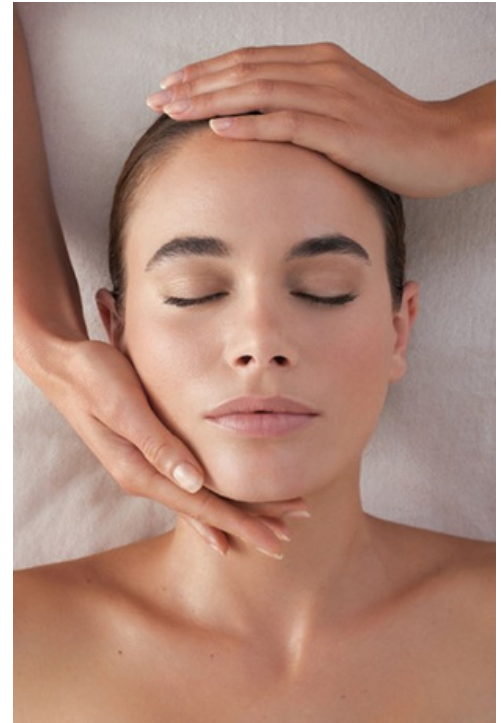
Hand placement on the skull is designed to free energy blockages & promote relaxation. This massage stimulates reactions in the whole body, helping to rebalance the energies of the nervous system.

## Anti-Aging

15 mins   £15

### Eye Treatment

This treatment is a perfect addition to your facial. Brightening the delicate area around the eyes. Cold stones are used followed by the application of a hydrogel patch concentrated in red wine, horse chestnut & ivy leaf that smooth features, diminishes dark circles & reduces puffiness.



Add any of these treatments to your face or body treatment for added luxury.

# Holistic Therapies

|                            |         |     |
|----------------------------|---------|-----|
| Hot Stones Full Body       | 60 mins | £85 |
| Hot Stones Back & Shoulder | 30 mins | £53 |

This speciality massage uses warm basalt stones to warm up tight muscles and to alleviate tension and stress.



|                     |         |     |
|---------------------|---------|-----|
| Indian Head Massage | 45 mins | £65 |
|---------------------|---------|-----|

Indian Head Massage focuses on upper back, shoulders, neck head & facial pressure points to alleviate tension & stress, promoting overall health.



|             |         |     |
|-------------|---------|-----|
| Reflexology | 45 mins | £50 |
|-------------|---------|-----|

Precise pressure techniques are applied to the feet to stimulate the nervous system, improve circulation and activate the body's own self healing response. The treatment is non invasive, deeply relaxing and tailored to your individual needs.



# Hands & Feet

## Express Manicure £29

If you're in a hurry but need those fingers to look cared for & polished, let us give you a file, shape, cuticle tidy & OPI polish

## Classic Manicure £37 Add OPI Gel £10

Includes hand soak with nails & cuticles tidied. Followed by a hand & nail scrub, a hand & arm massage. Finished with an application of OPI polish.

## Luxury Manicure £43 Add OPI Gel £10

Includes hand soak and exfoliation. Followed by a mask, heated mittens and a massage. The nails are then filed, cuticles tidied & finished with a OPI polish.

## Express OPI Gel Nails £39 File & Polish £19

Includes file, cuticle tidy and OPI Shellac application on either the hands or feet.

Includes nail file & OPI polish.

## French Finish & Nail Art Supplement Express Pedicure £29

Please speak to the team upon placing your booking as supplements apply for nail art and French polish. From £5-£15

If you're in a hurry but need those toes to look cared for & polished, let us give you a file, shape, cuticle tidy & OPI polish

## Gel Removal £13 Classic Pedicure £43 Add Gel £10

Let us safely remove your Gel & treat your nails with cuticle oil to maintain healthy happy nails.

Includes nail and cuticle tidy, hard skin removal & deep exfoliation. Finish with a relaxing leg & foot massage & application of application of OPI polish.

## Foot & Leg Massage 30 mins £40 Luxury Pedicure £50 Add OPI Gel £10

Feet are cleansed with hot mitts, followed by a relaxing massage including pressure points. This can be added to any of our face & body treatments.

Includes foot file, soak and exfoliation. Followed by a mask, heated booties and a massage. The nails are then filed, cuticles tidied & finished with OPI polish.

Please inform us upon booking if you require a Gel soak off prior to your new application.

If you require a French polish please advise at the time of booking.

# Finishing Touches

## Hair Removal

### Warm Wax

|                   |                |
|-------------------|----------------|
| Half Leg          | £29            |
| Full Leg          | £37            |
| Underarm          | £21            |
| Lip or Chin       | £14/£20 - Both |
| Classic Bikini    | £22            |
| Full Leg & Bikini | £45            |

## Men's Hair Removal

### Warm Wax

|                   |     |
|-------------------|-----|
| Eyebrow Tidy      | £18 |
| Back or Chest Wax | £32 |

## Lash & Brows

|                              |     |
|------------------------------|-----|
| Brow Shape                   | £18 |
| Brow Shape & Tint            | £25 |
| Brow Tint                    | £18 |
| Lash Tint                    | £22 |
| Brow & Lash Tint             | £30 |
| Brow Shape, Tint & Lash Tint | £38 |

\*Please be advised you will require a patch test 48hrs before tinting



# Spa Days

As a spa package guest, here at The Wrightington Hotel, you will have access to all the health club facilities; state of the art gym, indoor virtual spin studio, squash court, exercise classes, 18 metre pool, steam room, Jacuzzi and sauna. You will also enjoy the use of our dedicated spa guest changing rooms and relaxation room, where you can enjoy fruit infused water and various herbal teas. Robes, slippers and towels are provided for all spa package guests. If you wish to add any additional treatments to your spa day, you will receive a 10% discount on all pre-booked treatments and products purchased on the day. All spa packages include a light lunch or Afternoon Tea.

\*A maximum of 8 guests per spa day booking.

\*Prices for spa days on a Saturday or Sunday are an additional £10 per person.



## Wrightington's Signature

30 mins £90

### Spa Day

Choose your treatment from either; an express facial, a back, neck and shoulder massage or a cranial massage or an express manicure or pedicure. A choice of THALGO or Caudalie treatments are available.

## Wrightington's Indulgence

60 mins £110

### Spa Day

Choose from either a 1 hour; full body massage, facial, scrub, wrap, manicure or pedicure. A choice of THALGO or Caudalie treatments are available.

\*Please advise at the time of booking if the pregnancy massage is preferred.

## Couples Retreat

60 mins £220

### Spa Day

A relaxing, indulgent day awaits you & your chosen one. Both of you will enjoy an express facial & back, neck and shoulder massage.

All of our Spa Days can be bespoke and couples can enjoy their treatments together in our dual treatment room.

Prices for packages marked with a  are based on 2 guests.

# Spa Days

## THALGO French Riviera

90 mins   £140

### Ritual Spa Day

Quieten your mind & release tension from your body with this deeply revitalising 1 hour body massage using the luxurious Marine Massage Oil and Thalgo's Exclusive Self Heating pebble. To follow is a 30 min rejuvenating body scrub to leave your skin feeling soft, smooth and radiant.



## Bride & Bridesmaids

90 mins   £120

### Pamper & Prosecco

The perfect pre-wedding day spa pamper treat. File, shape, cuticle tidy and polish of both hands & feet. A choice of a 30min Thalgo express facial or back, neck & shoulder massage.

Enjoy a glass of Prosecco whilst in the relaxation room.

## Men's Indulgence Spa Day

90 mins   £140

The indulgence package offers complete attention & specific treatments for male skin. After your time in the health club begin your treatments with an energising express facial followed by a 1hr Divine body massage.

# Spa Stays

All overnight spa guests have full access to the health club, a delicious 3 course dinner served in Bennett's restaurant and there is a selection of bedroom grades for you to choose from. All overnight stays include a Full English and Continental breakfast the following morning.

## Escape - 1 Night 30 mins £365

Choose between either an THALGO or Caudalie Express facial or a back, neck and shoulder massage. A delicious light lunch or Afternoon Tea and later that evening enjoy a 2 course dinner in Bennett's restaurant. After a relaxing nights stay, wake up to a hearty Full English breakfast. You will also receive 10% off further pre-booked treatments.

## Retreat - 1 Night 60 mins £410

Enjoy a THALGO Discovery facial and a half an hour THALGO French Riviera massage. Indulgent Afternoon Tea and a two course dinner in the evening. Enjoy your upgraded bedroom and a relaxing nights sleep followed by a delicious hearty breakfast. A 10% discount applies to further pre-booked treatments.

 All Spa Stay prices are based on 2 people sharing.  
Treatment times listed are per person

Prices correct at time of print



# Spa Information

## Opening Hours

The spa is open 7 days a week.

Monday - Friday - 10am - 6pm

Saturday - 9am - 5pm

Sunday - 10am - 4pm

## Prices

We reserve the right to change prices and modify or discontinue treatments without notice to ensure that maximum standards of service & quality are met.

## Bookings

We recommend booking all treatments and packages in advance to avoid disappointment. All individual treatments booked require a deposit and all packages require payment in full.

## Children

Treatments are not available to anybody under the age of 16.

## Fitness Classes

The health club has pool fitness classes. Please view the classes timetable on the website should you wish to avoid them.

## Gift Vouchers

Gift vouchers are available for all spa packages, treatments and monetary values. They are valid for 12 months, after this time they are strictly expired. Vouchers can be purchased at Spa or Hotel Reception.

## Spa Etiquette

Please ensure suitable swimwear is worn in the pool area. Please keep mobiles off in all spa areas. Please be mindful of other users when in the relaxation area and keep noise to a minimum.

## Arrival Times

We advise arriving for treatments 15 minutes prior to allow sufficient time to check in & complete consultation forms. If you are joining us on a package or part of a group please arrive 30 minutes prior to allow time to check through your itinerary and allow staff to give you all the relevant information.

## Pregnancy

To have any treatments whilst pregnant you must be over 12 weeks and before 38 weeks for your own comfort. We have specific treatments & packages suitable for during pregnancy.

## Special Considerations

Kindly advise us in advance of any health conditions, allergies or injuries that could affect your treatment choice. If you are suffering or recovering from Cancer it is important that you let us know in advance of your visit, so that we can advise on what facilities are safe to use.

If you are on any medication, ongoing consultation or your medical history has changed following a previous visit, please make us aware.

## Breakdown Policy

Any mechanical or electrical breakdowns on the premises are usually beyond our control, although we will try to reconvene services as soon as possible. No refunds will be given in such instances.

## Cancellation Policy

If you need to cancel a booking, please note the following terms which apply to all bookings:

|                                              |                    |
|----------------------------------------------|--------------------|
| Cancellation within 2 days of arrival date - | <b>No Refund</b>   |
| Cancellation between 2 - 14 days -           | <b>50% Refund</b>  |
| Cancellation 14 days + prior to arrival -    | <b>Full Refund</b> |





To make a booking please contact Spa Reception.

T: 01257 478244

E: [spa@wrightingtonhotel.co.uk](mailto:spa@wrightingtonhotel.co.uk)

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